

Junior's guide



Offices de
Tourisme
de France



QUALITE
TOURISME



REPUBLIQUE FRANÇAISE

Arès



Choosing the town of Arès for your holidays with your little ones is your guarantee of a wide range of activities and events during the school holidays, put together by the media library, the PAIJ, the culture department, the Comité des Fêtes, CAP 33, associations and the Tourist Office.

In summer and winter alike, you can share time with the family and take advantage of the many leisure and sports facilities.

The town centre and shopping centre are home to a large number of retailers to meet your needs.

Activities



SPORTS - WATER - LEISURE

CAP 33 AND CAP 33 JUNIOR +33 (0)5 56 60 18 07

YACHTING CLUB +33 (0)5 56 60 05 37

ARÈS KAYAK NATURE +33 (0)6 77 89 59 52

L'ANDADE SURF SCHOOL +33 (0)5 56 60 08 93

TENNIS CLUB +33 (0)6 63 34 25 86

ECLAIR ET COQUIN +33 (0)6 67 09 58 57



LEISURE - NATURE

LIBRARY +33 (0)5 57 70 45 80

GUIDED NATURE WALKS +33 (0)5 56 60 18 07

TOY AND MULTIMEDIA LIBRARY
(July and August) +33 (0)5 57 70 45 80

PAIJ (11-17 year olds) +33 (0)5 57 17 43 05



CHILD AND PARENT DROP-IN CENTRE

77 avenue de la Libération

Open on Saturdays from 9am to 12pm and freely accessible

Good deals (+)

ON ROBIN'S TRAIL

A series of 1-hour treasure hunts to discover the city while having fun.

TÈRRÀ AVENTURA

2 geocaching trails in the city and throughout New Aquitaine.

STREET ART IN THE CITY

30 artists have created works that enhance the urban space.



All the events on the AGENDA



The equipment

PLAY AREAS

Esplanade Dartiguelongue (2 - 12 years)
Rue Jean Templier (2 - 8 years)

ST BRICE SWIMMING AREA

Boulevard Javal
(supervised from mid-June to early September)

SKATEPARK

Route du Temple

MULTI-SPORTS GROUND

Route du Temple

HEALTH COURSE

Avenue de la Libération

Focus on walks with Alexandre

Budding naturalist	5 - 12 years
The 3 waters of St Brice	6 - 13 years
Walking and fishing at low tide	From 5 years
The forest in all senses	3 - 7 years
Beach, shells and digging	3 - 7 years





Accommodation

In Arès, discover a wide selection of accommodation to suit all tastes: campsites, hotels, holiday homes, furnished accommodation and bed and breakfast.

[All accommodation](#)



Restaurants



In Arès, enjoy a wide choice of restaurants, each with its own atmosphere and speciality, to satisfy all your culinary desires !

[All restaurants](#)



Many other restaurants offer children's menus or dishes adapted to the youngest gourmets.



For meat-free tribes, contact the Tourist Office.

Become the perfect 4-season holidaymaker



(1) My mushroom picking basket.
To be on the safe side, I ask a pharmacist.

(2) My binoculars for bird-watching.

(3) My hat, gloves and scarf for long walks in the
fresh air.

(4) I'll find out about the regulations governing
natural areas.

(1) My sun cream.

(2) My sunglasses.

(3) My cap or hat.

(4) My lifebuoy or armbands.

(5) I remember to check the colour of the flag
before swimming.

(6) I check the beach lifeguard timetable.

DO YOU KNOW WHAT THE SWIMMING FLAGS MEAN?



The beach is supervised
and I can go swimming.
There's no particular
danger.



Swimming is dangerous
but supervised.



Bathing is prohibited.

Even on holiday. I'm protecting my planet

I fill my flask with my
favourite drink.



I prefer seasonal fruit and
vegetables, bought at the
market in reusable bags.

I use my bike or trainers
for short journeys...

...or public transport
(bus, boat) for longer
distances.

I sort my rubbish:

- yellow for recycling
- blue for glass
- grey for all other waste

AND MAYBE A COMPOSTER
FOR MY FOOD WASTE!

The good plan (+)

Tuesday morning market -
Place Weiss

Sunday morning market -
Place Weiss
[short circuits, local and
organic producers, zero
waste].

For a snack !

DRINKING TEA WITH A PASTRY

LE THÉIER DU BASSIN
9 ter, avenue de
Bordeaux



The good plan (+)

It is possible to taste the Théier du Bassin. You can buy a pastry from a baker on the Place de l'Eglise and take it to the tea room to enjoy a tea or a rooibos.

VOCABULARY

- (1) Chocolatine : pastry made of rectangular puff pastry rolled up on 2 chocolate bars
- (2) Canelé Bordelais : small Bordeaux cake, in the shape of a fluted cylinder, with a soft and tender dough, flavored with rum and vanilla



BUY A CANELÉ
DANS LES
BOULANGERIES-
PATISSERIES
Place de l'Eglise



TASTING ICE CREAM

L'OVNI-GLACE
Esplanade Dartiguelongue
(juillet et août)

LES GÂTEAUX A LA PLAGE
28, place de l'Eglise

LE CHAT TARD
4, avenue de Bordeaux

Shops

FEED

E. LECLERC
Route de Bordeaux - +33 (0)5 56 60 20 20

CARREFOUR CONTACT
place de l'Eglise - +33 (0)5 56 60 22 28

LIDL
Route de Bordeaux

LA MARINIÈRE (fish shop)
Place de l'Eglise and on the market



SÈME
41, route du Temple - +33 (0)5 57 18 87 58

CHILD CARE

PHARMACIE DE L'AVENUE
5, avenue de la Plage - +33 (0)5 56 60 24 51

PHARMACIE LAFFITTE
16, place de l'Eglise - +33 (0)5 56 60 24 39

E. LECLERC
Route de Bordeaux - +33 (0)5 56 60 20 20

CARREFOUR CONTACT
Place de l'Eglise - +33 (0)5 56 60 22 28

LIDL
Route de Bordeaux



SÈME
41, route du Temple - +33 (0)5 57 18 87 58



It's raining !!

(1)	THE LIBRARY	Arès
(2)	CAP FERRET'S LIGHTHOUSE	25 kms
(3)	THE OYSTER HOUSE IN GUJAN-MESTRAS	40 kms
(4)	ARTISANAL CHOCOLATE FACTORY LES GOURMANDISES D'ALIÉNOR IN LA TESTE DE BUCH	45 kms
(5)	ANDERNOS'S CINEMA	5 kms
(6)	ANDERNOS'S SWIMMING POOL	6 kms
(7)	CAP SCIENCES IN BORDEAUX	60 kms
(8)	BORDEAUX'S MUSEUM	60 kms

More ideas on our page "Par temps
de pluie"



Useful information

2 SERVICES FOR WORRY-FREE HOLIDAYS WITH CHILDREN

Gambin

Gambin

Baby equipment hire
contact@gambin.co
+33 (0)6 30 96 92 66

The (+)

Your equipment is delivered directly to your holiday destination in Arès



Gardeesy

Short- and long-term childcare for residents and holidaymakers for children aged 3 and over
contact@gardeesy.com
+33 (0)6 71 88 65 47

The (+)

Artistic and fun activities are on offer.

(1) LANGER TABLE
Available from the Tourist Office

(2) MEETING POINTS
Esplanade Dartiguelongue
St Brice bathing map

(3) BABYSITTER
List available from PAIJ
+33 (0)5 57 17 43 05

(4) LEISURE CENTRE
Open to residents and non-residents on registration
68, avenue de la Libération
+33 (0)5 56 60 14 46

SANTÉ

(General practitioners)
Dr Laurent LAHAYE
36, avenue du Gal de Gaulle
+33 (0)5 56 60 22 88

Dr Clarisse LAOUE
Dr Xavier SCHMITT
1 B, rue Aristide Briand
+33 (0)5 56 60 28 99

Dr Mélanie BRAULT
76, avenue de Bordeaux
+33 (0)5 57 18 97 20

(General practitioners)
Dr Mélanie BRAULT
76, avenue de Bordeaux
+33 (0)5 57 18 97 20

Dr Sofian BENZEKRI
Centre médico chirurgical
14, bd Javal
+33 (0)5 56 82 0024

Dr Fleischmann Juliette
1B, rue Aristide Briand
+33 (0)5 56 60 28 99

(Pharmacies)
DE L'AVENUE
5, avenue de la Plage
+33 (0)5 56 60 24 51

LAFITTE
16, place de l'Eglise
+33 (0)5 56 60 24 39

(CENTRE MEDICO CHIRURGICAL)
avec service d'urgences
14 bis, boulevard Javal
+33 (0)5 56 03 87 00

(Paediatrician)
Dr Sophie LUSINCHI
Dr Julie GUERREIRO
Centre Médico-chirurgical
14, boulevard Javal
+33 (0)5 56 03 87 87

Dr Clémentine BOILET DECKER
+33 (0)7 85 16 60 55

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Place Weiss - 33740 Arès
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