

Arès

Junior's Guide

For a successful family holiday



BASSIN
D'ARCACHON
un monde à part



The city of Arès and its partners are committed to making your stay with the FAMILY (+) a special moment for a successful holiday.

- (1) a personalised welcome
- (2) a programme of activities and entertainment for young and old people
- (3) advantageous and preferential rates
- (4) activities to enjoy together or separately
- (5) shops and services adapted to your needs
- (6) your children pampered by professionals

(+) Activities



SPORTS - WATER SPORTS

CAP 33 AND CAP 33 JUNIOR +33 (0)5 56 60 18 07

CLUB NAUTIQUE +33 (0)5 56 60 05 37
www.cnares.fr

BECALOU CANOE +33 (0)6 81 77 20 37
www.becalou.com

ARÈS KAYAK NATURE +33 (0)6 77 89 59 52
<https://areskayaknature.wixsite.com/ares-kayak-nature/>

L'ANDADE ÉCOLE DE SURF +33 (0)5 56 60 08 93
www.ecoledesurfdubassin.fr

TENNIS CLUB +33 (0)6 63 34 25 86
www.club.fft.fr/tennisclubares



LEISURE - NATURE

MEDIA CENTRE +33 (0)5 57 70 45 80

GUIDED NATURE WALKS +33 (0)5 56 60 18 07

GAME CENTRE - MEDIA CENTRE +33 (0)5 56 60 18 07
(july and august)

PAIJ (11-17 years old) +33 (0)5 57 17 43 05



All animations and events
www.ares-tourisme.com/agenda



The good plans (+)

"SUR LES PISTES DE ROBIN"
A series of 1-hour treasure hunts to
discover the city while having fun.

TERRA AVENTURA
Geocaching in the city and
everywhere in New Aquitaine.



Focus on walks with Alexandre

"Naturaliste en herbe"	5 - 12 years
"Les 3 eaux de St Brice"	6 - 13 years
Walk and fishing at low tide	From 5 years
"La forêt en tous sens"	3 - 7 years
"Plage, coquillage et farfouillage"	3 - 7 years

(+) The equipment

PLAY AREAS

Esplanade Dartiguelongue (2 - 12 years)
Rue Jean Templier (2 - 8 years)

ST BRICE SWIMMING AREA

Boulevard Javal
(supervised from mid-June to early
September)

SKATEPARK

Route du Temple

MULTI-SPORTS GROUND

Route du Temple

HEALTH COURSE

Avenue de la Libération



(+) Accommodations



C A M P S I T E S

LA CANADIENNE****
www.lacanadienne.com

+33 (0)5 56 60 24 91

LA CIGALE****
www.camping-lacigale-ares.com

+33 (0)5 24 18 17 42

LES GOÉLANDS***
www.goelands.com

+33 (0)5 56 82 55 64

LES ÉCUREUILS***
www.les-ecureuils.com

+33 (0)5 56 26 09 47



H O T E L S

LE GRAIN DE SABLE
www.hotelgraindesable.com

+33 (0)5 56 60 04 50



H O L I D A Y R E N T A L S

MME BOECHAT'S FURNISHED****
www.villayodaares.fr

+33 (0)6 07 47 26 18

DOUCE FARNIENTE'S FURNISHED***

+33 (0)6 49 56 71 72
+33 (0)6 88 90 51 35



(+) Restaurants



L'INCONTOURNABLE
+33 (0)5 56 60 27 09

CHEZ ALCIDE
+33 (0)5 56 60 46 14



All the restaurants
www.ares-tourisme.com/se-regaler



Many other restaurants offer children's menus or dishes suitable for young gourmets.



For meatless tribes, contact the Tourist Office.

(+) Become the perfect 4-seasons holidaymaker



- (1) My sun cream for sunny days.
- (2) My basket for picking mushrooms.
To be sure, I ask a pharmacist.
- (3) My binoculars for bird watching.
- (4) My hat, gloves and scarf for long walks in the fresh air.
- (5) I find out about the regulations for natural areas.

- (1) My sun cream.
- (2) My sunglasses.
- (3) My cap or hat.
- (4) My buoy or armbands.
- (5) I remember to check the colour of the flag before swimming.
- (6) I check the beach lifeguard schedule.

DO YOU KNOW THE MEANING OF THE SWIMMING FLAGS ?



The beach is supervised,
I can swim. There is no
particular danger.



Swimming is dangerous
but supervised.



Bathing is prohibited.

EVEN ON HOLIDAY I PROTECT MY PLANET

I fill my flask with my
favourite drink.
.....

I prefer seasonal fruit and
vegetables, bought at the
market with reusable bags.



I sort my waste :
- yellow for recycling
- blue for glass
- grey for all other waste

I use my bike or
trainers for short trips.

...or public transport (bus,
boat) for longer distances.



All the information on public
transport around the Bay of Arcachon
www.mobibarval.fr

The good plan (+)

Tuesday morning market -
Place Weiss

Sunday morning market - Place
Weiss
[short circuits, local and
organic producers, zero waste].

(+) For a snack !

DRINKING TEA WITH A PASTRY

LE THÉIER DU BASSIN
9 ter, avenue de
Bordeaux



SWEET REGIONAL SPECIALTIES

- (1) Chocolatine : pastry made of rectangular puff pastry rolled up on 2 chocolate bars
- (2) Canelé Bordelais : small Bordeaux cake, in the shape of a fluted cylinder, with a soft and tender dough, flavored with rum and vanilla



BUY A CANELÉ
IN BAKERIES AND
PASTRY SHOPS
Place de l'Eglise

The good plan (+)

It is possible to taste the Théier du Bassin. You can buy a pastry from a baker on the Place de l'Eglise and take it to the tea room to enjoy a tea or a rooibos.



TASTING ICE CREAM

LA CABANE DE COCO
2, avenue de Bordeaux
(all year)

L'OVNI-GLACE
Esplanade Dartiguelongue
(july and august)

LES GÂTEAUX A LA PLAGE
28, place de l'Eglise

LE CHAT TARD
4, avenue de Bordeaux

(+) Shops

FOOD

E. LECLERC.
Route de Bordeaux - +33 (0)5 56 60 20 20

CARREFOUR CONTACT
Place de l'Eglise - +33 (0)5 56 60 22 28

LIDL
Route de Bordeaux

LA MARINIÈRE (fishmonger)
Place de l'Eglise et sur le marché



SÈME (shop)
41, route du Temple - +33 (0)5 57 18 87 58



LE BIO DE CHEZ NOUS (fruits and vegetables)
2, avenue de Bordeaux - +33 (0)7 71 68 99 33

CHILD CARE

PHARMACIE DE L'AVENUE
5, avenue de la Plage - +33 (0)5 56 60 24 51

PHARMACY LAFFITTE
16, place de l'Eglise - +33 (0)5 56 60 24 39

E. LECLERC.
Route de Bordeaux - +33 (0)5 56 60 20 20

CARREFOUR CONTACT
Place de l'Eglise - +33 (0)5 56 60 22 28

LIDL
Route de Bordeaux



SÈME (shop)
41, route du Temple - +33 (0)5 57 18 87 58



It's raining !!

- | | | |
|-------|--|--------|
| (1) | THE MEDIA CENTRE | Arès |
| (2) | CAP FERRET'S LIGHTHOUSE | 25 kms |
| (3) | THE OYSTER HOUSE IN
GUJAN-MESTRAS | 40 kms |
| (4) | ARTISANAL CHOCOLATE FACTORY
LES GOURMANDISES D'ALIÉNOR
IN LA TESTE DE BUCH | 45 kms |
| (5) | ANDERNOS'S CINEMA | 5 kms |
| (6) | ANDERNOS'S SWIMMING POOL | 6 kms |
| (7) | CAP SCIENCES IN BORDEAUX | 60 kms |
| (8) | BORDEAUX'S MUSEUM | 60 kms |



More ideas on
www.ares-tourisme.com/par-temps-de-pluie



Infos utiles

2 SERVICES FOR A PEACEFUL HOLIDAY WITH CHILDREN

Gam@in

Baby equipment rental
contact@gambin.co
+33 (0)6 30 96 92 66
<https://gambin.lokki.rent>

The (+)
Your equipment is delivered directly to your holiday destination in Arès



Short and long term care for children over 3 years old, for residents and holidaymakers
contact@gardeesy.com
+33 (0)6 71 88 65 47
www.gardeesy.com

The (+)
Artistic and playful activities are offered.

(1) LANGER TABLE
Available at the Tourist Office

(2) MEETING POINTS
Esplanade Dartiguelongue
St Brice bathing plan

HEALTH

(Doctors)
Dr Hugues ANGIBAUD
21, avenue de la Libération
+33 (5) 56 60 27 33

Dr Laurent LAHAYE
36, avenue du Gal de Gaulle
+33 (0)5 56 60 22 88

Dr Clarisse LAOUE
Dr Xavier SCHMITT
1 bis, rue Aristide Briand
+33 (0)5 56 60 28 99

Dr Mélanie BRAULT
76, avenue de Bordeaux
+33 (0)5 57 18 97 20

(Paediatrician)
Dr Sophie LUSINCHI
Dr Clémentine BOILET DECKER
14, boulevard Javal
+33 (0)5 56 03 87 87

(3) BABYSITTER
List available at PAIJ
+33 (0)5 57 17 43 05

(4) LEISURE CENTRE
Open to residents and non-residents on registration
68, avenue de la Libération
+33 (0)5 56 60 14 46

(Pharmacies)
S.N.C CORNU ZELLER
6 bis, avenue de la Plage
+33 (0)5 56 60 24 51

LAFITTE
16, place de l'Eglise
+33 (0)5 56 60 24 39

(Medical Centre)
avec service d'urgences
14 bis, boulevard Javal
+33 (0)5 56 03 87 00

TOURIST OFFICE
Place Weiss - 33740 Arès
+33 (0)5 56 60 18 07
info@ares-tourisme.com
www.ares-tourisme.com

